



# PROFESSIONAL CERTIFICATE IN **COUTURE** **CORSETRY, PATTERNMAKING & DRESS** **CONSTRUCTION**

**160**  
CPD HOURS

**12**  
MONTH PROGRAMME

**ONLINE**  
SELF-PACED

This CPD Certified programme develops couture-level competence in made-to-measure corsetry and formal dress construction through a structured curriculum and portfolio-led learning. Students follow a professional workflow: measurement, drafting, mock-up fitting, refinement, construction, and finishing.



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## LEARNING OUTCOMES

Graduates will be able to draft, fit, and construct structured garments using professional couture workflows, including accurate measurement, mock-up fitting, production-ready pattern drafting, and high-quality construction and finishing.

## CAREER PATHWAYS

- Couture or bridal atelier sewing and construction roles
- Corsetry specialist or made-to-measure corset maker
- Patternmaking and fit support roles in ateliers
- Bridal and eveningwear dressmaking or alterations
- Costume and wardrobe construction roles

## CREDENTIAL AWARDED

Upon successful completion, students receive the Professional Certificate in Couture Corsetry, Patternmaking & Dress Construction and an official CPD certificate confirming 160 CPD learning hours.\*

\*CPD Certified indicates the programme has been independently approved as structured Continuing Professional Development, with defined learning objectives and verified CPD learning hours recorded on your certificate.

## WHO THIS PROGRAMME IS FOR

Designed for committed beginners and experienced dressmakers seeking a structured pathway into couture foundations, corsetry systems, and evening or bridal gown construction. Suitable for those preparing for atelier work, bridal or eveningwear specialisation, or advanced bespoke practice.

Students should be able to:

- Operate a sewing machine
- Apply basic pressing techniques



## PORTFOLIO DELIVERABLES

- Classic corset build
- Advanced corset build
- Under-structure sample
- Integrated gown project
- Evidence pack

(patterns, measurement sheets,  
mock-up & fitting notes)

Recommended graduate  
portfolio

- Three corsets
- Five gowns
- Complete evidence pack

# CURRICULUM

## LEVEL 1

### FOUNDATIONS OF COUTURE PRACTICE & MADE-TO-MEASURE PREPARATION (40 CPD HOURS)

Apply core hand and machine sewing techniques

Execute professional cutting and pressing

Construct and evaluate a toile/mock-up

Select fabrics and interlinings

## LEVEL 2

### CORSETRY PATTERNMAKING: DRAFTING SYSTEMS, ALTERATION LOGIC & PATTERN SELECTION (40 CPD HOURS)

Draft 2 and 4 curve corset blocks

Apply bust and neckline variations

Produce production-ready patterns

Use software for customization and checks

Analyze drafts to improve fit

Select blocks for body types and designs

## LEVEL 3

### ADVANCED CORSETRY ENGINEERING: STRAPS, SLEEVES, CUPS & STRUCTURED CONSTRUCTION (40 CPD HOURS)

Draft and integrate straps and necklines

Draft sleeves/shoulders using armscye-based logic

Engineer and integrate supportive cup systems

Construct classic and advanced corsets with internal structure

Apply fit refinement and evidence-based corrections

Assess construction and finishing quality to standards

## LEVEL 4

### COUTURE GOWN SYSTEMS, COMPLEX SILHOUETTES & PORTFOLIO DEVELOPMENT (40 CPD HOURS)

Draft and construct couture skirt systems

Engineer petticoats and volume structures

Integrate bodice and full gown construction

Present technical evidence (patterns, fit logs, construction)

Compile a professional atelier-ready portfolio



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